

where

LOS ANGELES

TRAVELER

MAR
2022

THREE NEW
DINING
HOTSPOTS

NEW ART
EXHIBITS
ON DISPLAY

Q+A WITH
STEPHANIE
IZARD



TOTALLY BLISSSED OUT

6 LUXURY SPAS TO RECHARGE AND RELAX

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Spa treatment at Fairmont Century Plaza. Credit: Fairmont Century Plaza.

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Spa Relais at Westlake Village Inn & Spa

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Check-in and check-out at one of these luxurious spas perfect for a day of pampering. **BY LEILA NAJAFI**

PLEASE CHECK WEBSITES OR CALL BUSINESSES FOR HEALTH-RELATED UPDATES BEFORE ACTING ON INFORMATION PRINTED IN THIS ISSUE.



Mineral pool at The Maybourne Beverly Hills

Purely Pampered

UNPLUG AND UNWIND AT THESE LUXURIOUS SPAS



Calling all wellness warriors! Whether you're looking for a day of R&R or a weekend of bliss, these luxury spas provide all the amenities you need for a day of self-care and relaxation.

The Maybourne Beverly Hills

Located on the outskirts of the Golden Triangle, the ultra-luxurious spa at The Maybourne Beverly Hills is the kind of wellness haven that will make you want to linger for hours. A heated co-ed mineral pool reminiscent of opulent Turkish baths is stunning to look at and worth the visit alone. Treatments are customized to each guest's needs. Choose the 'I am peaceful' massage which uses the sweet scent of neroli oils combined with breathwork and sound bowls to put you in a deep meditative state. Afterwards, make your rounds in the locker room and try the plethora of amenities—a eucalyptus steam room, sauna, and jacuzzi. 225 N. Canon Dr., Beverly Hills, 310.860.7840

Westlake Village Inn & Spa

An hour north of Los Angeles lies a tranquil Mediterranean-inspired resort with a white-washed stone

building surrounded by an enchanting lake to transport you to the Italian countryside. Step inside the Spa Relais, a 25,000 square-foot oasis perfect for a day of pampering or a weekend getaway. The spa features a fully equipped fitness center, adults-only pool, two lounge areas, and separate locker rooms for men and women. Each of the 13 treatment rooms includes a private patio and outdoor shower while couples' suites also have fireplaces and soaking tubs. 31943 Agoura Rd., Westlake Village, 818.889.0230

Fairmont Century Plaza

The Fairmont Century Plaza which recently opened after a \$2.5B renovation features a 14,000 square-foot state-of-the-art spa with nine treatment rooms, experiential rain showers, a hammam, and a Himalayan salt room. The newest biohacking treatment designed in partnership



Garden Suite at Four Seasons Hotel Los Angeles at Beverly Hills; spa treatment at Fairmont Century Plaza; retail area at The Now Massage

with Dr. Oz Garcia stimulates all the senses and aims to improve sleep quality, reduce stress, and increase mindfulness. Guests slip into an anti-gravity curve chair while listening to healing acoustic sounds and wearing compression boots designed to increase circulation. LED visors assist with generating collagen and cell turnover so you're left feeling more calm and recharged than when you walked in. 2025 Avenue of the Stars, Los Angeles, 310.424.3030

Four Seasons Hotel Los Angeles at Beverly Hills

The all new Ayuna organic facial at the Four Seasons Hotel Los Angeles is made with 100% non-toxic and natural ingredients so you don't have to worry about any harsh chemicals. The 50-minute Eco-Luxury Organic Facial improves skin elasticity, tightens pores, and increases hydration using Ayuna products. A gentle cream-in-oil peel that uses alpha amino acids is used for exfoliation followed by a sculpting massage and a volcanic mask to detoxify and remove impurities. Guests can enjoy the treatment in the spa's new Garden Suite

with a giant living wall to bring a little piece of nature indoors. 300 South Doheny Dr., Los Angeles, 310.786.2217

Angela Caglia Skin Clinic

When your face needs a little extra TLC, head over to celebrity facialist and esthetician Angela Caglia who will give your skin the attention it deserves. Caglia has over 23 years of experience working on famous faces and customizes each treatment for client's specific skincare needs. For a red carpet glow, try the Geneo Detox, a non-invasive treatment made with green tea extract, marula oil, and vitamin E which helps treat

skin damage caused by environmental irritants and stimulates cell renewal for youthful looking skin. You'll walk out with brighter, dewier skin that will last for days. 313 N. Beverly Dr., Beverly Hills, 424.343.0253

The Now Massage

The no-frills boutique brand has grown as a wellness destination ideal for those who need a quick recharge. A signature boho chic aesthetic and focus on one treatment only—massages—makes The Now the kind of place you can count on when you need a day of wellness. 7611 Beverly Blvd., Los Angeles, 323.250.5060

